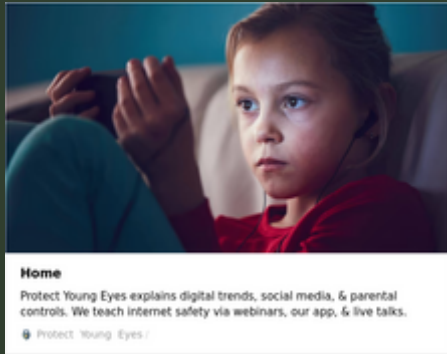


Parent Resources for Social Media and Technology Safety

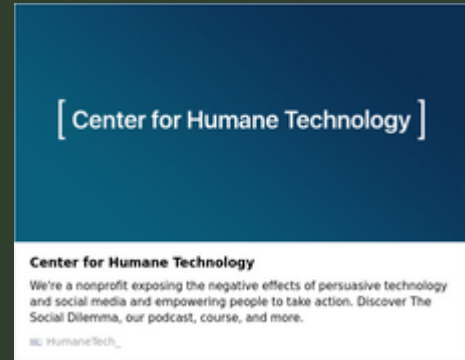
PROTECT YOUNG EYES



<https://protectyouneyes.com>

Parent Control tab walks parents through various apps/devices and step-by-step guides on how to make them safer.

HUMANE TECH



<https://www.humanetech.com>

The Take Control Toolkit provides parents with information on healthy boundaries & ways to decrease technology distractions.

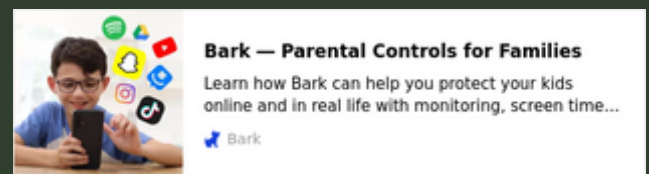
WAIT UNTIL 8TH



<https://www.waituntil8th.org>

This site empowers parents with research evidence to encourage waiting until at least 8th grade to allow your child a smartphone.

BARK



<https://www.bark.us>

Bark is an app that scans your child's text messages, social media apps, web browsers, etc. to help keep parents informed and children and teens safe.

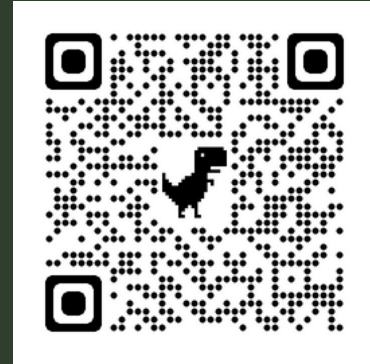
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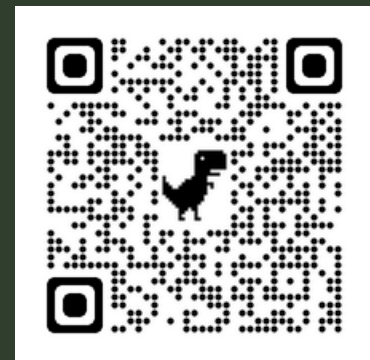
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